

## Grilled Peaches with brown sugar & honey

4 medium peaches, halved

1 teaspoon butter, melted

4 teaspoons brown sugar or 2 teaspoons Splenda & brown sugar

Honey, for drizzling

Heat grill to medium high.

Cut peaches in half, remove pits and lightly coat with butter. Sprinkle with brown sugar or splenda/brown sugar on all sides. Grill for 2 minutes on each side (a little longer if using a tabletop grill – but don't let sugar burn). Remove from grill & drizzle with honey over peaches before serving warm.

A dash of nutmeg and cinnamon can spice this dish up a bit. It's good on ice cream or frozen yogurt instead of with honey.